WRC EMERGENCY MANAGEMENT PLAN

INCASE OF FIRE:-

CALL 111

Location:- Wellington Rowing Club – Taranaki St Wharf by Frank Kitts Lagoon

Evacuate the Building – meet on the grass area outside St Johns Bar

If safe to do so – Use Fire Extinguisher on all fires (located outside male changing room)

INCASE OF EARTHQUAKE:-

When shaking has stopped evacuate to grass area outside St Johns Bar

If on water- return to shore – beware going under the bridge into the lagoon.

Complete return time of crew in the boat log

Your coach is responsible to contact the Club Captain or Safety Officer to let them know your whereabouts.

INCASE OF TSUNAMI:-

When Warning Sounds proceed to higher ground immediately (head to Kelburn Park)
(if no warning – when earthquake is large enough for you to be unable to stand up in)

Your coach is responsible to contact the Club Captain or Safety Officer to let them know your whereabouts.

INCASE OF MEDICAL EMERGENCY:-

First Aid kit located inside the eights bay doors.

If necessary **call 111**

Location:- Wellington Rowing Club, Taranaki St Wharf by Frank Kitts Lagoon

On land defibrillator is located on the Ambulance Building next to the jumping platform
On water:-Nearest defibrillator is at Fryberg Swimming pool.

INCASE OF CAPSIZE:-

If another crew looks to be in trouble go and investigate and communicate.
If you capsize, stay with the boat and try to get back in it. (Coaches see coach boat guidelines)
Once in the boat, head for the shed as soon as possible.
If you cannot get back in the boat try to keep as much of your body out of the water as possible.
Once on shore – Get into cold shower and turn heat up SLOWLY.
Complete an incident report

Dan Benton: 021 859 597 Allan Mills: 027 292 1129
Club Captain Safety Officer